Mountain Weather Forecast

Northwest Highlands

Including Sutherland, Ben Wyvis, Wester Ross, The Cuillin, Glen Affric, Glen Shiel and Knoydart
Forecast valid from 00:00 on Friday 21 Jul 2023 until 23:59 on Saturday 22 Jul 2023

Forecast Issued on Thursday 20 Jul 2023 at 12:52 by Met Office Aberdeen

Confidence: High for unsettled conditions over the coming days, lower for detail of rainfall, in particular over the weekend.

Headline for Friday 21 Jul 2023: Sunny spells and scattered showers.

Mountain weather hazards on Friday 21 Jul 2023

Blizzards
No Likelihood

Heavy persistent snow
No Likelihood

Storm force winds
No Likelihood

Gales
No Likelihood

Severe chill effect
No Likelihood

Poor visibility
No Likelihood

Thunderstorms
No Likelihood

Heavy persistent rain
No Likelihood

Strong sunlight
Medium Likelihood

Weather and chance of precipitation at 800m							
Time							
00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00
Partly cloudy (night)	Partly cloudy (night)	Sunny intervals	Light rain showers	Light rain showers	Sunny intervals	Sunny intervals	Sunny intervals
Precipitation probability							
30%	30%	30%	40%	40%	30%	30%	10%

Forecast for Friday 21 Jul 2023

Weather: Showers will mainly affect the far north through the early hours, with clearer skies in the south. Through the morning and into the afternoon these will push southwards, with sunny spells in between. Showers mostly dying out into the evening to give some late sunshine to end the day.

Chance of cloud-free hill tops above 800m: 80%

Low cloud and visibility: Scattered cloud base 700-800m in association with showers during the morning, lifting into the afternoon. Visibility generally good but temporarily reducing to moderate in showers.

Check our weather forecast every day to get the most accurate and up to date information
https://www.metoffice.gov.uk/weather/specialist-forecasts/mountain
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Mountain Weather Forecast

Forecast for Friday 21 Jul 2023

Height (m)	Wind Speed mean/gusts (mph)					Wind Direction (blowing from)			
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	10/13 NW	9/12 W	11/15 W	11/17 W	10/16 W	12/18 W	9/14 NW	4/6 NW	5/7 SE
900	10/13 NW	8/11 W	11/14 W	11/17 W	10/17 W	12/18 W	9/14 NW	4/6 NW	5/7 SE
600	5/8 NW	5/8 W	6/10 W	9/15 W	9/15 W	10/16 W	7/12 NW	3/5 NW	4/6 SE
300	4/10 NW	3/9 W	3/10 W	6/14 W	6/15 W	6/16 W	5/12 NW	2/4 NW	3/6 E
Glen	4/8 N	4/7 NW	2/5 W	6/11 W	7/12 W	7/13 W	6/11 W	3/6 NW	4/7 E

Height (m)	Temperature / Feels Like (°C)								
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	4/0	3/-0	4/-0	5/2	7/4	7/4	7/4	6/4	5/3
900	4/1	4/1	4/1	6/2	8/5	8/5	8/5	6/5	6/4
600	7/5	6/5	7/5	8/6	10/8	10/8	10/8	8/8	8/7
300	9/8	8/7	9/8	12/10	13/12	14/12	12/12	11/11	10/9
Glen	12/11	11/10	12/12	14/13	15/14	16/15	15/14	14/13	12/12
Freezing Level*	1600m	1500m	1500m	1600m	1700m	1800m	1900m	1900m	1800m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View
Be aware of unseasonably cool temperatures at height.

Forecast for Saturday 22 Jul 2023
Weather: Largely dry and sunny to start on Saturday but turning cloudier in the south during the afternoon with some patchy light rain at times.

Maximum wind: Easterly 15-20 mph later in the day.

Chance of cloud-free hill tops above 800m: 90%, decreasing to 60% in the south during the evening.

Low cloud and visibility: Good visibility. Scattered to broken low cloud in the south into the evening, base 600-800m.

Temperature: **Glens:** Plus 10 rising to plus 18 Celsius
At 800m: Plus 4 rising to plus 9 Celsius
Freezing level: Above summits

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